

PSHE curriculum intent



The priority for all the pupils at St George's is for them to have the necessary life skills they need alongside their Reading, Writing and Maths, whilst also developing a spiritual awareness of themselves, and their role in the community enabling them to successfully navigate their future lives.

St George's acknowledges and develops all pupils holistically. We promote positive mental health and well-being to enable all our pupils to have the tools to learn to live together. As a result, they are able to show sensitivity and respect to the differences we all share. Pupils at St George's become responsible, independent people who care about their world and are able to demonstrate a moral sense of responsibility and self-discipline. They have a love of learning and a desire to continue to expand their knowledge and skills throughout their lives.

St George's uses the comprehensive Jigsaw Programme for Primary PSHE including statutory Relationships and Health Education, in a spiral, progressive and fully planned scheme of work, giving children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others.

With strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, Jigsaw equips schools to deliver engaging and relevant PSHE within a whole-school approach. Jigsaw lessons also include mindfulness allowing children to advance their emotional awareness, concentration and focus.

PSHE is taught weekly so we can be confident that pupils at St Georges have a comprehensive PSHE experience. There are also many opportunities for PSHE to be learnt throughout every school day in addition to the PSHE lessons and these are actively encouraged. These include daily acts of worship, themed days and weeks, school council projects, well-being award participation and charity events. We promote regular mindfulness experiences, allowing children to advance their emotional awareness, concentration and focus. We also recognise the necessity to teach some stand-alone PSHE lessons should events at school, in the community or in the wider world require explanation, guidance or reassurance for pupils. Our PSHE curriculum provides continuous updates as well as 'one off' lessons, we also use Pol-Ed to help support teachers in these special circumstances and additional 'one-off' relevant lessons.