

ST. GEORGE'S
CHURCH OF ENGLAND
PRIMARY SCHOOL

Freshly Baked Bread, Filled Jacket Potatoes and Salad available daily.

Our menu meets the Government standards for school meals.

School Lunch Menu
Nursery and Year R

FOR VEGETARIAN/VEGAN OPTION PLEASE CALL THE SCHOOL KITCHEN TO ORDER 01795 877667 OPTION 5

WEEK 1

WB – 2nd Nov, 16th Nov, 30th Nov, 14th Dec, 11th Jan, 25th Jan, 8th Feb

Monday
Tomato Pasta 2
Broccoli
……..
Yoghurt Rice cakes 7,13 / Fruit

Tuesday
Jacket Potatoes
Cheese 7 / Tuna 4,5 / Baked beans
Sweetcorn
……..
Yoghurt 7 / Fruit

Wednesday
Roast Chicken or Vegan Fillet 2,4, Yorkshire and Gravy
Mashed Potatoes 7
Mixed vegetables
……
Jelly / Yoghurt 7 / Fruit

Thursday
Bolognese pasta 2
Or Vegan Bolognese pasta 2
Green beans
……
Rice Cakes 7,13 / Jelly / Yoghurt 7 / Fruit

Friday
Chicken Fillet 2
or
Vegetable burger 2
Chips, Baked beans/ peas
……
Ice cream 7 / Yoghurt 7

WEEK 2

WB – 9th Nov, 23rd Nov, 7th Dec, 4th Jan, 18th Jan, 1st Feb

Monday
Beef meatballs 2
Or Tomato pasta 2
……..
Yoghurt Rice Cakes 7, 13 / Fruit

Tuesday
Jacket Potatoes
Cheese 7 / Tuna 4,5 / Bakes beans
Sweetcorn
……
Yoghurt 7 / Fruit

Wednesday
Roast Chicken or Vegan Fillet 2,4, Yorkshire and Gravy
Roast Potatoes
Mixed vegetables
……
Jelly / Yoghurt 7 / Fruit

Thursday

Tomato & Basil Chicken
Or Vegetable Katsu Curry
White/Brown Rice, Broccoli
……..
Rice Cakes 7,13 / Jelly / Yoghurt 7 / Fruit

Friday
Fish Fillet 2,5
Or Vegetable burger 2
Chips / peas / Sweetcorn
……..
Ice cream 7 / Yoghurt 7

Allergens

Food allergies and intolerances. Please speak to our staff to talk about the ingredients

1. **Celery**
2. **Gluten** (Cereals containing gluten)
3. **Crustaceans** (e.g. prawns, crabs, lobster)
4. **Eggs**
5. **Fish**
6. **Lupin**
7. **Milk**
8. **Molluscs** (e.g. mussels, oysters, squid)
9. **Mustard**
10. **Nuts** (tree nuts such as almonds, hazelnuts, walnuts, etc.)
11. **Peanuts**
12. **Sesame seeds**
13. **Soya**
14. **Sulphur Dioxide / Sulphites** (used as a preservative)