

ST. GEORGE'S
CHURCH OF ENGLAND
PRIMARY SCHOOL

Freshly Baked Bread, Filled Jacket Potatoes and Salad available daily.

Our menu meets the Government standards for school meals.

School Lunch Menu
Year 1, 2, 3, 4, 5, 6

FOR VEGETARIAN/VEGAN OPTION PLEASE CALL THE SCHOOL KITCHEN TO ORDER 01795 877667 OPTION 5

WEEK 1

WB – 2nd Nov, 16th Nov, 30th Nov, 14th Dec, 11th Jan, 25th Jan, 8th Feb

Monday
Tomato pasta 2
Broccoli
……..
Cookies 2,4,7,13 / Yoghurt 7 / Fruit

Tuesday
Jacket potatoes – Cheese 7/ Tuna 4,5 /
Baked beans/ Sweetcorn
……..
Ice cream 7 / Yoghurt 7 / Fruit

Wednesday
Roast chicken or Vegan fillet 4,5, Yorkshire and Gravy, 2,4,7
Roast potatoes
Mixed Vegetables
……
Jelly / Yoghurt 7 / Fruit

Thursday
Bolognese pasta 2
Or Vegan Bolognese pasta 2
Green beans
……
Rice cakes 7,13 / Jelly / Yoghurt 7 / Fruit

Friday
Chicken fillet 2
Vegetable burger 2
Chips
Peas / Sweetcorn
……
Ice Cream 7 / Yoghurt 7 / Fruit

WEEK 2

WB – 9th Nov, 23rd Nov, 7th Dec, 4th Jan, 18th Jan, 1st Feb

Monday
Beef meatballs 2
Tomato pasta 2
Peas
……..
Cookies 2,4,7,13 / Yoghurt 7 / Fruit

Tuesday
Jacket potatoes– Cheese 7/ Tuna 4,5 /
Baked beans/ Sweetcorn
……
Ice- cream 7 / Yoghurt 7 / Fruit

Wednesday
Roast chicken or Vegan fillet 4,5, Yorkshire and Gravy, 2,4,7
Roast potatoes
Mixed Vegetables
……
Jelly / Yoghurt 7 / Fruit

Thursday
Tomato and Basil chicken
Or
Vegetable Katsu Curry
White/Brown Rice, Broccoli
……..
Rice cakes 7,13 / Jelly / Yoghurt 7 / Fruit

Friday
Fish Fillet 2,5 or Vegetable burger 2
Chips
Peas / Sweetcorn
……..
Ice Cream 7 / Yoghurt 7 / Fruit

Allergens

1. **Celery**
2. **Gluten** (Cereals containing gluten)
3. **Crustaceans** (e.g. prawns, crabs, lobster)
4. **Eggs**
5. **Fish**
6. **Lupin**
7. **Milk**
8. **Molluscs** (e.g. mussels, oysters, squid)
9. **Mustard**
10. **Nuts** (tree nuts such as almonds, hazelnuts, walnuts, etc.)
11. **Peanuts**
12. **Sesame seeds**
13. **Soya**
14. **Sulphur Dioxide / Sulphites** (used as a preservative)