

Lent remembering Jesus' temptation
Luke 4:1-12

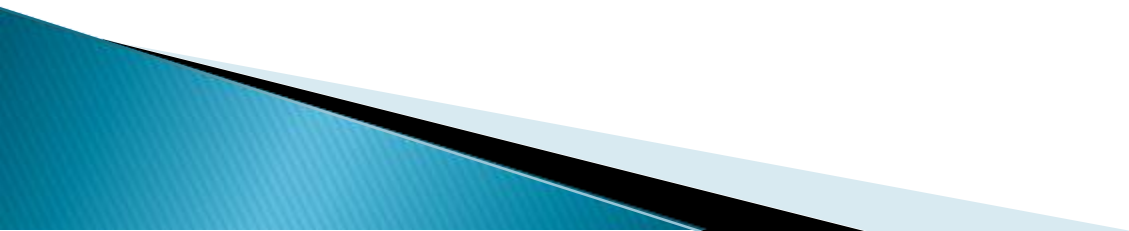
Gather

- ▶ Peace be with you.
- ▶ **And also with you.**

- ▶ This week we start Lent, a time when Christians remember Jesus spending 40 days in the desert, fasting & praying, as they prepare for Easter.
- ▶ Jesus is given temptation whilst he was in the desert.

I wonder..

- ▶ If you have ever been 'tempted' to do something?
- ▶ How easy was it to do what you knew was right?
- ▶ Is it harder if you are lonely/hungry?



- ▶ <https://www.youtube.com/watch?v=mc-x4qKY6Wc>
- ▶ Jesus took regular time out to pray. Jesus told his disciples to pray when they were tempted.

Let us pray...

- ▶ Dear God
- ▶ Help us to love and serve you with all our heart and soul. Help us to live Christlike and have strength to resist temptation.
- ▶ Amen



Hymn

When I needed a neighbour

<https://www.youtube.com/watch?v=B7a7LdgRh-k>